



RACHEL HART

COACHING

ASSISTANT COACH JOB DESCRIPTION

ABOUT US

At *Rachel Hart Coaching*, we help our clients examine their relationship with alcohol so that they can unlock their deepest potential. Our business is dedicated to reimagining traditional approaches to stop overdrinking and revolutionizing society's understanding of alcohol and why people drink.

THE POSITION

We hire part-time coaches to assist with written coaching and teaching inside the Take a Break Membership. The program is a mix of self-study and live coaching that helps clients understand the habit, practice thought work, and consciously choose the relationship they want to have with alcohol.

The position starts at \$30 per hour for written coaching. For the right person, there are opportunities to teach live workshops, at which point hourly compensation increases to \$60 per hour.

WHO WE ARE LOOKING FOR

This opportunity is for certified coaches of the Life Coach School. Preference is given to coaches who have completed the Advanced Certification in Numbing and Buffering. You do not need a specialization in stop overdrinking tools, but you must demonstrate a curiosity about the topic.

Coaches from historically underrepresented groups are especially encouraged to apply.

THIS POSITION IS RIGHT FOR YOU IF...

- You are a coach in good standing with The Life Coach School.
- You're an excellent written communicator.
- You are obsessed with the model and feel confident that it can solve *any* problem.
- You're able to give clear and direct guidance on how the model works.
- You are a student of this work and are always looking to improve your skills.
- You have a well-established self-coaching practice.
- You are thorough, yet efficient; productive, yet detail-oriented.
- You have a distraction-free work environment.
- You can dedicate 5 hours of focused time to coach each week during regular business hours.
- You have a reliable, fast internet connection.

THIS POSITION IS **NOT** FOR YOU IF...

- You don't have a daily self-coaching practice.
- You answer questions literally and struggle to find an angle to coach.
- You spend time wordsmithing and getting everything just right.
- Deep down, you're not sure the model always applies.
- You aren't confident the model can help everyone who overdrinks.

A pin is required to complete our online application. Email a short bio to support@rachelhart.com with the subject line: Application Pin Request [Your Name].