



RACHEL HART

COACHING

ASSISTANT COACH JOB DESCRIPTION

ABOUT US

At *Rachel Hart Coaching*, we help our clients examine their relationship with alcohol so that they can unlock their deepest potential. Our business is dedicated to reimagining traditional approaches to stop overdrinking and revolutionizing society's understanding of alcohol and why people drink.

THE POSITION

We're hiring a part-time coach to assist with written coaching in the 30-day Take a Break challenge and membership. The program is a mix of self-study and live coaching that helps clients understand the habit, practice thought work, and consciously choose the relationship they want to have with alcohol.

The position will start with 5 hours a week of written coaching in the Ask a Coach section of the site, with the potential to increase hours. For the right person there may be opportunities for teaching live Q&A calls. Compensation is \$60 per hour.

WHO WE ARE LOOKING FOR

This opportunity is for certified coaches of the Life Coach School. A specialization in Applied Coaching is encouraged, but not required. You do not need a specialization in stop overdrinking tools, but you must demonstrate a curiosity about the topic.

Coaches from historically underrepresented groups are especially encouraged to apply.

THIS POSITION IS RIGHT FOR YOU IF...

- You are a coach in good standing with The Life Coach School.
- You're an excellent written communicator.
- You are obsessed with the model and feel confident that it can solve *any* problem.
- You're able to give clear and direct guidance on how the model works.
- You are a student of this work and are always looking to improve your skills.
- You have a well-established self-coaching practice.
- You are thorough, yet efficient; productive, yet detail oriented.
- You have a distraction free-work environment.
- You can dedicate 5 hours of focused time to coach each week during regular business hours.
- You have a reliable, fast internet connection.

THIS POSITION IS **NOT** FOR YOU IF...

- You don't have a daily self-coaching practice.
- You answer questions literally and struggle to find an angle to coach.
- You spend time wordsmithing and getting everything just right.
- Deep down, you're not sure the model always applies.
- You aren't confident the model can help everyone who overdrinks.

A pin is required to complete our online application. Email a short bio to support@rachelhart.com with the subject line: Application Pin Request [Your Name].